Levonorgestrel/Tenofovir Intravaginal Ring MTN Annual Clinical Meeting 2016

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Phase I One-Month Safety, PK, PD, and Acceptability Study of Intravaginal Rings Releasing Tenofovir and Levonorgestrel or Tenofovir Alone (Protocol A13-128)

- First multipurpose ring in clinical trials (first patient screened OCT 2015)
- 86 women consented to complete 50 across 2 sites:
  - EVMS, Norfolk, VA: Annie Thurman, PI
  - Profamilia, Santo Domingo, DR: Vivian Brache, PI
- 3 treatment groups, randomized 2:2:1
  - TFV-only ring (8 10 mg/day) (n=20)
  - TFV (8 10 mg/day)/LNG (20 ug/day) ring (n=20)
  - Placebo ring (n=10)
- About 1 month of use, total 3 months participation
- 8 or 9 visits and 1 follow-up contact





#### **Objectives**

- Primary:
  - Genital and systemic safety
- Secondary:
  - Pharmacokinetics (PK) of LNG and TFV
- Tertiary:
  - Pharmacodynamics (PD) of LNG
  - Acceptability
- Exploratory:
  - PD Surrogates of TFV and LNG
  - Other markers of genital safety
  - Correlation of less/more invasive TFV PK eval
  - Objective biomarkers of IVR Adherence





# Study Design and Relation to Cycle Days

	Screening/ Enrollment	Pre-treatment cycle to document ovulation		Ring in place				After ring removal	
Visit #	Visit 1	Visit 2	Visit 3	Visit 4	Visit 5	Visit 6	Visit 7	Visit 8	Visit 9
				Ring insertion	(24 hrs after Visit 4)	At ovulation*	Ring removal	(24 hrs after Visit 7)	(72 hrs after Visit 7)
Ring Day	NA	~ -14	~ -10	1	2	~8	~16-18	~17-19	~19-21
Cycle Day	Any day	21	24	7	8	~14	~22-24	~23-25	~25-27

- As determined by ovulation predictor kit.
- Expect to see greatest effects of LNG at Visit 6:
  - Less favorable cervical mucus and poorer sperm migration





# Primary Endpoints: Genital and Systemic Safety

- Treatment-emergent adverse events
- Changes in serum chemistries, lipids, and complete blood count (CBC)
- Development of cervicovaginal ulcerations, abrasions, edema, and other findings as assessed by naked eye and colposcopic visualization of the cervicovaginal epithelium





# Primary Endpoints: Genital and Systemic Safety

- Δ in soluble markers of innate mucosal immunity and inflammatory response in the CVL (Baseline versus s/p TX)
- $\Delta$  in HIV-1 target cells, phenotype
- Δ in semi-quantitative vaginal culture and/or unculturable 16S RNA bacteria by quantitative PCR
- Δ in Nugent Score





# Secondary Endpoints: PK of TFV and LNG

- [TFV] in plasma, CV fluid (aspirate and swab), and genital tissues
- [TFV-DP] concentrations in PBMCs and genital tissue
- [LNG] in blood, vaginal secretions (swabs) and cervical mucus
- SHBG in blood
- Weight of returned IVRs
- Amount of drug in returned IVRs





### Tertiary Endpoints: PD of LNG

Surrogates of contraceptive efficacy:

- Cervical mucus assessment
  - Cervical mucus quality (Insler Score of ≥10)
  - Sperm migration on the Simplified Slide test
- Ovulation by serum progesterone (P4)
- Effect on follicular development by serum estradiol concentration





Tertiary Endpoints: Acceptability

- Discontinuations
- Expulsions
- Removals
- Visible changes documented on photographs of returned IVRs
- Responses to key questions on acceptability questionnaire





#### Surrogates of Contraceptive Efficacy

- Cervical Mucus Sample at LH Surge (3 aliquots)
  - Cervical Mucus Quality (Insler Score)
  - In Vitro Sperm Penetration Assay (Simplified Slide Test)
  - Cervical Mucus LNG Concentration (USC Lab, Natavio et al)
- Blood
  - Serum LNG Concentration
  - Serum Progesterone Levels Ovulation (no TVUS)
- Endometrial Characteristics





# **Cervical Mucus Quality**

- Cervical Mucus Quality (Insler Score) normally a marker of fertility
  - Is poor cervical mucus (9 or less) a contraceptive PD marker?
- LNG = thick mucus in prior/current contraceptives, even in ovulatory cycles
  - Cervical mucus becomes poor in 7 out of 10 one day after Mirena IUS insertion, in 10 out of 10 by third day
    - Natavio 2012 Contraception 87(4):426-31
  - Skyla IUS users with poor cervical mucus
    - Apter 2014 Fertility and Sterility 2014;101(6):1656-62





# Sperm Penetration Assay in Prior Contraceptive Studies

- Norplant: 3d post insertion, sperm penetration becomes poor despite high estradiol levels
  » Dunson 1998 Fertil Steril 69: 258-66
- Mirena IUS: 1d post insertion, 9/10 with poor sperm penetration (SST), no sperm migration despite ovulation
  - » Natavio et al. Contraception 2012 87(4):426-31.
  - » Lewis 2010 Contraception 82(6):491-6
- LNG 20 µg ring: Inhibition of sperm migration in 92% of post-coital tests

» WHO J Steroid Biochem 1979;11:461-7





#### LNG Concentrations in Cervical Mucus

- Exploratory endpoint (USC Laboratory)
- N = 10, urinary LH and CM Insler score
- LNG IUS inserted at LH surge/peak CM quality (day 10 16)
- Insler Score, Sperm Penetration, Serum LNG, Serum P4, CM LNG obtained 1, 3 and 5 days post IUS insertion

- Natavio et al Contraception 2012 87(4):425-31





### Plasma [LNG] Historic Data 20 ug/day IVR

Study	Ν	Plasma LNG	Notes		
1	10	0.6 – 1.1 nmol/L	Mean 134 lbs. Plasma levels 72% of initial at 6 mos., 52% of initial at one year. LNG IVR for 1 year.		
2	10	Mean 0.7 nmol/L, range 0.6 – 1.1 nmol/L	LNG IVR for 90 days		
3	15	419 – 682 pg/mL	LNG IVR for 90 days. Plasma levels were 54% of initial at 3 months		
Range is $187 - 682$ ng/ml or $0.6 - 1.1$ nmol/l					

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- 1 = Landgren et al. Contracept 1986;33:473-85
- 2 = Landgren et al. Contracept 1982;26:567-85.
- 3 = Xiao Bilian et al Contracept 1985;32;455-71.





### [LNG] Concentrations from Previous LNG Studies

Study	Product	Plasma LNG Range		
1 - 3	20 ug/day IVR	187 – 682 pg/mL or 0.6 – 1.1 nmol/L		
4 – 6	20 ug/day IUS	147 – 428 pg/mL or 0.470 – 1.37 nmol/L		
7	13.5 ug/day IUS	61 – 192 pg/mL		
8	LNG Implant (Jadelle)	280 - 435 pg/mL ( 7 years 224 pg/mL)		
9 – 11	LNG Implant (Norplant)	250 – 370 pg/mL		

1 = Landgren et al. Contraception 1986;33:473-85, 2 = Landgren et al. Contraception 1982;26:567-85, 3 = Xiao Bilian et al Contraception 1985;32;455-71, 4 = Seeber et al. Contraception, 2012. 86(4): p. 345-9., 5 = Lockhat et al. Fertil Steril, 2005. 83(2): p. 398-404., 6 = Hidalgo et al. Contraception, 2009. 80(1): p. 84-9., 7. Bayer Health Care. Skyla Package Insert 8. Sivin et al 2001 Contraception 64:43-49 9. Olsson, S.E., et al., Contraception, 1987. **35**(3): p. 215-28. 10. Sivin, I., Drug Saf, 2003. **26**(5): p. 303-35. 11. Croxatto, H.B., et al., Contraception, 1981. **23**(2): p. 197-209.





### Serum P4 Concentrations and Ovulation

- Expect ovulation in 40 50% of participants
  - Landgren BM et al. Contraception 1982;26:567-85.
  - WHO. Journal of Steroid Biochemistry. 1979;11:461-467.
- Elected to not follow follicular development via TVUS





### Interim Analysis Results

- Purpose:
  - To obtain early indication of ring performance so that reformulation work, if needed, can start as soon as possible.
- Evaluated:
  - TFV and LNG PK
  - LNG PD
- 19 participants
  - 2 placebo
  - 9 TFV-only ring
  - 8 TFV/LNG ring
- CONRAD blind to individual participants' data





### **TFV PK: Interim Analysis**

- Achieved targeted TFV and TFV-DP in vaginal tissues within 24 hours of insertion
- Achieved targeted 8 10 mg/day TFV release from ring





# LNG PK: Interim Analysis

- LNG in Cervical Mucus similar to 52 mg LNG IUS users (Natavio et al study)
- LNG in plasma higher than previous 20 ug LNG IVRs, with peak at 24 hours





# LNG PD: Interim Analysis

- Ovulation in <50% of TFV/LNG IVR users (of those who ovulated, all protected by either poor cervical mucus or abnormal SPA
  – Ovulation in TFV IVR + Placebo IVR 73%
- Cervical Mucus Quality score < 10 in 100% of TFV/LNG IVR users (mean = 4)
- Sperm Migration normal in few TFV/LNG IVR users
- Endometrium thinner (mean 8 mm) in TFV/LNG IVR users





### Preliminary Conclusions from Interim Analysis

- TFV:
  - Low systemic exposure
  - Levels in aspirate and tissue high 24 hours after insertion and sustained
  - Distributed throughout vagina
  - Release rates in the target range
- LNG:
  - Systemic levels somewhat higher than older rings
  - Cervical mucus levels similar to LNG 52 mg IUS users
  - Effect evident systemically and locally
  - Insertion and comfort during use very good

#### Based on preliminary interim analysis results, no obvious need for reformulation





#### **Current Status Study**

- Participant follow up complete and sites closed out January 2016
- CRF Database locked February 2016
- As of February 2016, all samples shipped to respective central laboratories; endpoint analysis ongoing





#### Next Steps

- Proceed to 90 day PK/PD study
- Human Centered Design Data for MPT Ring highly favorable (Project EMOTION)
  - Contraceptive component reduce stigma
- High unmet need for effective contraception and microbicide product
- TFV HSV prevention indication





# Acknowledgements







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CONRRA Leaders in Reproductive Health and HIV Prevention